

DATE OF  
SPREAD:

\_\_\_\_\_

# ENDING & EMERGING

## TAROT SPREAD

1

2

3

4

5

6

7

**1 The Dying** What pattern, belief, or way of being has completed its purpose in my life? \_\_\_\_\_

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**2 The Composting** What gifts am I gaining from this ending? \_\_\_\_\_

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**3 The Rising** What new aspect of myself wants to be born? \_\_\_\_\_

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**4 The Foundation** What strength or wisdom will support this new growth? \_\_\_\_\_

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**5 The Challenge** What fear or resistance might try to hold me back? \_\_\_\_\_

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**6 The Ally** What support is available to help me grow? \_\_\_\_\_

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**7 The Integration** How can I honor both endings and beginnings as I move forward? \_\_\_\_\_

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